



## BREAKFAST MENU

### BAGELS \$2.85

|            |                   |       |
|------------|-------------------|-------|
| Plain      | Chocolate Chip    | Wheat |
| Blueberry  | Cinnamon Raisin   |       |
| Everything | Multigrain Energy |       |

### CREAM CHEESE SPREADS \$1.45

|              |                         |
|--------------|-------------------------|
| Honey Walnut | Sundried Tomato & Basil |
| Nutella      |                         |

### SPREADS

|                  |               |       |       |
|------------------|---------------|-------|-------|
| Butter           | Cream Cheese  | Honey | \$.75 |
| Grape Jelly      | Peanut butter |       | \$.75 |
| Strawberry Jelly | Nutella       |       | \$.75 |

### MUFFINS \$3.95

|                  |             |
|------------------|-------------|
| Blueberry        | Coffee Cake |
| Cinnamon Donut   | Chocolate   |
| Cranberry Orange |             |

### PASTRIES

|                           |        |
|---------------------------|--------|
| Croissant                 | \$3.95 |
| Buttered Honey Croissant  | \$4.75 |
| Cinnamon Roll             | \$5.25 |
| Pecan Sticky Bun          | \$5.75 |
| Vanilla Cruffin           | \$4.25 |
| Apple Streusel Braid      | \$4.25 |
| Lemon & Mixed Berry Braid | \$4.25 |

### SIDES

|                                 |        |
|---------------------------------|--------|
| Bacon-2 Slices                  | \$3.75 |
| Sausage-2oz patty               | \$2.00 |
| Scrambled Egg Bake              | \$3.50 |
| Fruit                           | \$3.50 |
| Toast                           | \$2.95 |
| Sliced Tomato                   | \$1.75 |
| Granola                         | \$3.95 |
| Warm Buttered Honey Drizzle-2oz | \$1.00 |
| Maple syrup-2oz                 | \$2.00 |
| Ham or Turkey                   | \$3.50 |
| Cheese                          | \$1.25 |

## BISCUITS

### Buttered Biscuit \$2.99

Our house-made buttered biscuit served with your choice of strawberry jelly, grape jelly or honey

### Sausage Biscuit \$4.99

Our house-made buttered biscuit with a 2oz sausage patty

### Sausage & Gravy Biscuit \$6.99

A house-made buttered biscuit smothered with our southern sausage gravy

## ENTREES

### Yogurt Parfait with Muffin \$11.50

House-made, whole milk yogurt topped with granola, seasonal fruit, whipped cream, and a drizzle of honey. Served with choice of muffin

### Power Bowl \$11.50

House-made maple coconut milk & chia seed pudding topped with fresh seasonal fruit, house made granola and blueberry preserves on the side. Served with Multi-grain toast topped with almond butter.

### Granola Cereal Bowl \$8.95

House-made granola with whole milk, topped with seasonal fruit and slivered almonds

### Ham & Cheese Croissant \$10.50

House-made Croissant with warm sliced ham and melted swiss cheese. Served with a side of fruit & Maple Mustard Sauce on the side.

### Buttered Honey Croissant \$11.75

A warm flaky Croissant drizzled with our house-made honey butter served with a side of bacon & fresh seasonal fruit.

## BREAKFAST BAGELS

### Bacon, Egg & Cheese Bagel \$10.50

Bacon, egg and cheddar cheese served on a toasted bagel of your choice. Served hot with a side of fruit.

### Bacon, Ham & Cheese Bagel \$10.50

Bacon, ham & swiss cheese served on a toasted bagel of your choice. Served hot with a side of fruit.

### Bacon & Cheese Bagel \$10.25

Toasted Bagel of your choice with creamy melted Muenster & White American Swiss Cheese and bacon. Served hot with a side of fruit.

### Turkey, Bacon & Cheese Bagel \$10.50

Toasted Bagel of your choice with our house-made Sundried Tomato & Basil Cream Cheese, turkey, bacon, and Swiss Cheese. Served hot with a side of fruit.

### Spinach & Cheese Frittata Bagel \$11.25

Toasted bagel of your choice topped with our house-made Sundried Tomato & Basil Cream Cheese, our house-made Frittata, bacon slices & and melted Swiss Cheese. Served with a side of fruit.

**Sub a Croissant for \$.75**



## KIDDO'S MENU

### M & M Kid's Toast \$6.95

Chocolate Hazelnut spread and Marshmallow Fluff between 2 slices of multi-grain bread. Served with a side of fruit and a Juice Box.

### Cheerios & Fruit \$5.25

Cheerios served with whole milk and a side of fruit and a Juice Box.

## BEVERAGES

|                |        |
|----------------|--------|
| Iced / Hot Tea | \$2.25 |
| Orange Juice   | \$3.50 |
| Whole Milk     | \$2.25 |
| Chocolate Milk | \$2.25 |
| Almond Milk    | \$2.25 |
| Oat Milk       | \$2.25 |
| Chocolate Milk | \$2.50 |
| Juice Box      | \$1.00 |
| Coke Products  | \$2.25 |

## SHRUB SODA MOCKS \$3.99

|              |            |
|--------------|------------|
| Black Cherry | Ginger     |
| Lime         | Grapefruit |
| Salted Honey | Cranberry  |

## SMOOTHIES

|                        |        |
|------------------------|--------|
| Protein Super Smoothie | \$7.49 |
| Nothing But Fruit-16oz | \$5.95 |
| Nothing But Fruit-24oz | \$6.95 |

## MILKS

|             |             |        |
|-------------|-------------|--------|
| Whole Milk  | Almond Milk | \$0.75 |
| Half & Half | Oat Milk    | \$0.75 |

## COFFEE DRINKS

|               | 12 OZ  | 16 OZ  | 24 OZ  |
|---------------|--------|--------|--------|
| House Brew    | \$2.75 | \$3.50 | ----   |
| Iced Coffee   | ----   | \$4.50 | \$5.75 |
| Latte         | \$4.00 | \$4.75 | ----   |
| Iced Latte    | ----   | \$4.75 | \$5.75 |
| Cappuccino    | \$3.75 | \$4.75 | ----   |
| Americano     | \$3.50 | \$3.75 | ----   |
| Horchata      | \$4.50 | \$5.75 | ----   |
| Iced Horchata | ----   | \$5.25 | \$6.25 |
| Frappe        | ----   | \$5.25 | \$6.50 |
| Double Shot   | \$2.00 | ----   | ----   |

## COFFEE SYRUPS

**\$0.75**

|                    |                       |
|--------------------|-----------------------|
| Vanilla            | Sugar Free Caramel    |
| French Vanilla     | Sugar Free Vanilla    |
| Caramel            | Sugar Free Hazlenut   |
| Mocha              | Zero Calorie Sweetner |
| Hazelnut           |                       |
| Spiced Brown Sugar |                       |
| Pumpkin Spice      |                       |
| Dragon Fruit       |                       |
| Gingerbread        |                       |
| Peppermint         |                       |
| Lavender           |                       |
| White Peach        |                       |
| Cookie Butter      |                       |